



Introduction to Energy Management



Your personalized plan to start saving

Review the listed activities below and check off actions you've already taken at home. Any unchecked actions can be used as new ways to help you save money and energy.

Actions		Done
1	Sign up for Pepco's My Account	
2	Plug home electronics, such as TVs and DVD players, into power strips so you can turn the power strips off when the equipment is not in use	
3	Lower the thermostat on your water heater to 120°F	
4	Take shorter showers and install low-flow showerheads for additional energy-savings	
5	Use the power management settings on computers and monitors	
6	Visit pepco.com/peak to learn more about Pepco's Peak Energy Savings Credit program that can help you receive credits off your bill in the summer	
7	Replace light bulbs around your home with LED bulbs	
8	Use ENERGY STAR-qualified appliances	
9	Consult an expert to make sure your home has proper attic insulation	
10	Make sure your roof is properly vented. A roofing contractor can assist you with this	
11	Plant trees to increase shade on home	
12	Seal your windows to avoid air leaks	
13	Install a programmable thermostat to lower utility bills and conveniently manage your heating and cooling systems	
14	Perform annual maintenance on your heating and cooling units	
15	Regularly replace filters around the home	